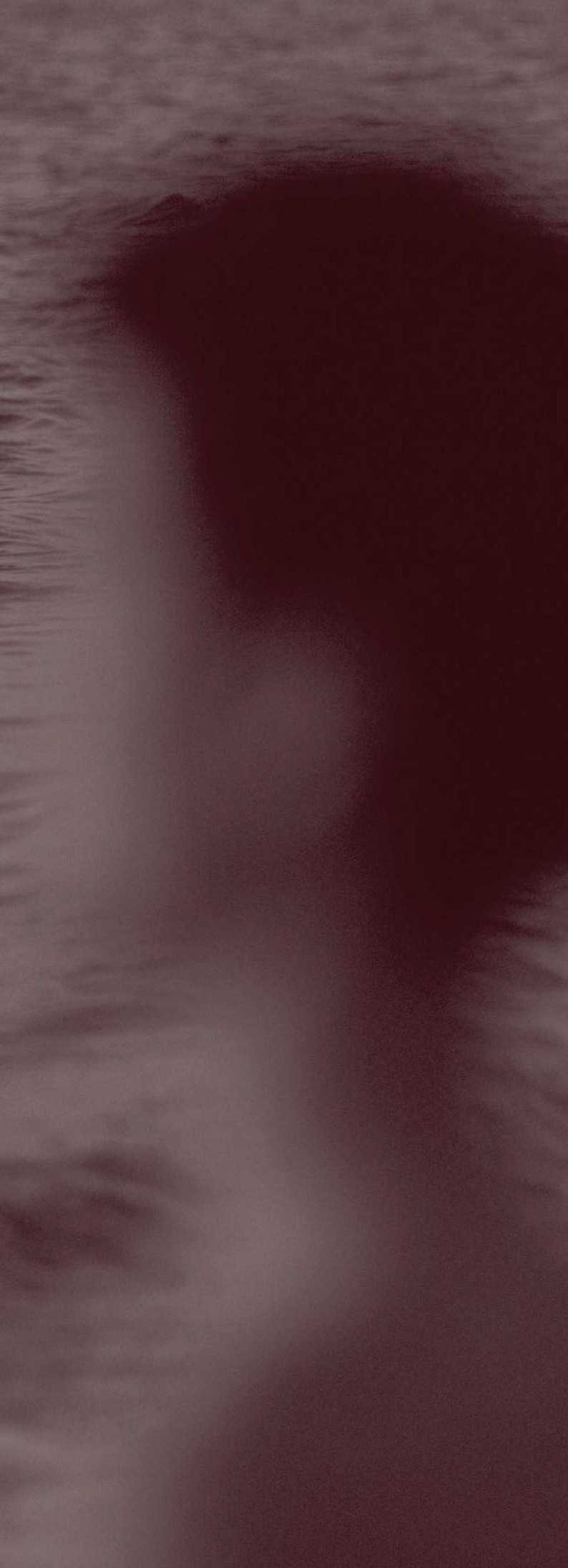


PAÑPURI
WELLNESS

Harbor



OUR STORY

Born from the PAÑPURI philosophy of Asian holistic healing, this seaside sanctuary focuses on connection. From within the body, mind and soul to the harmony found with each other and the surrounding harbor.

It is...

A SENSORIAL SANCTUARY TO RENEW AND RECONNECT

A shoreline sanctuary nestled in the heritage of an ancient fisherman village of Bang Saray Beach creates a new social wellness haven. Harmony, Connection, Energy and Tranquility culminates in the Holistic Renewal of the Body, Mind and Soul.

Against this glittering backdrop, life ashore is slow and in harmony with the tranquility of the sea. At this harbor, travelers discover a sanctuary to renew and reconnect holistically with oneself.



RENEW & RECONNECT

PAÑPURI connects the weary travelers with the soulful healing of the ocean. It is a social leisure haven reconnecting the mind to the body and renewing the soul's sense of purpose.

Through these tailored social and leisure activities, PAÑPURI WELLNESS HARBOR focuses on non-traditional spa treatments to target your holistic well-being. Led by signature PAÑPURI treatments and fragrances, this harbor furthers healing through wellness activities and nutritional refreshments. Every moment of this journey is imbued with the wisdom of our ancestors to enhance your experience and connection to the earth.

Grounded and at peace, this seaside sanctuary harmonizes the energy flowing within you in sync with the soft lull of the waves and the sensorial offerings of the PAÑPURI experience.

SENSORIAL SEASIDE

The core of PAÑPURI lies in the ancient belief passed down from generation to generation that every scent has the ability to heal and renew the soul's energy and vitality.

Throughout your stay at this harbor, each moment of your wellness journey will be accompanied by a scent of your choosing, all uniquely blended to touch your soul and awaken your senses.

ARTISANAL SOUL

Like the fishermen who would weave and bind fish nets by hand, PAÑPURI WELLNESS HARBOR is artisanally crafted and curated to serve one clear purpose: connection.

From the fragrant oils to the organically-sourced cloths, PAÑPURI promotes consideration for the past as well as the present. We present the wisdom of ancestors while paying respect to the environment that sustains us, ensuring all of your precious moments here at this seaside sanctuary are connected to the earth itself.



PAÑPURI SENSORIAL SANCTUM

At the start of every journey, you will be welcomed by our therapists at this welcoming port for a personalized consultation in order to best understand your needs and concerns, so we know how to guide and accompany you on this wellness journey. Before you embark, you can choose a unique scent to accompany you and allow the artistry of its natural plant-based blend to warm your soul.

PAÑPURI AWAKEN YOUR SENSES JOURNEY

Combining our Asian Holistic Wellness traditions with signature PAÑPURI rituals, the journey begins with a signature foot ritual to anchor you to the earth and release the tension accumulating in your soles. Our Grounding Ritual will center your breathing to fully connect with the energy flow within your body, preparing you holistically for your chosen treatment.

Before concluding your journey, our therapists will place a singing bowl in your hands near your Sacral Chakra Area as part of our Sound Therapy. The sound travels through your energy pathways, harmonizing the flow along your Chakra areas. A final sound will ring near your head, signaling your arrival at your next destination.

PAÑNA SOCIAL CLUB

To complete your restorative journey, we invite you to the PAÑNA Social Club to continue your tranquil journey as we serve you unique healthy refreshments and nutritional snacks. Relax and socialize in a world of complete wellness immersion as you find your senses rejuvenate in time to the swell of the waves.



WELLNESS JOURNEYS

Please book all Wellness Journeys 24 hours in advance.

OFFSHORE SERENITY

150 MIN / THB 7,500++

A holistic tranquility package to move the body and soul.

Ideal for active and fatigued people looking for relief and relaxation.

- 30 min - Pranayama
- 30 min - A Choice of Hatha or Vinyasa Yoga
- 60 min - A Choice of Thai Aromatic Massage or Deep Tissue Massage
- 30 min - Mini Facial Massage

Wellness Benefits:

- Promotes Harmony of the Body, Mind & Soul
- Increases Energy & Rejuvenation
- Improves Posture & Flexibility
- Improves Skin Tone & Promotes a Radiant Glow

PAÑPURI HOLISTIC VOYAGE

150 MIN / THB 6,900++

A seafaring immersive experience for serenity and harmony.

Ideal for people experiencing stress and looking for a holistic sensorial relaxation.

- 60 min - A Choice of Pranayama, Hatha, or Vinyasa Yoga
- 90 min - PAÑPURI Signature Aromatic Massage

Wellness Benefits:

- Promotes Harmony of the Body, Mind & Soul
- Improves Circulation & Relieves Muscle Tension
- Increases Energy & Rejuvenation

SAIL TO SOLITUDE

120 MIN / THB 6,200 ++

For seafaring adventurers to knead out tired and sore muscles.

Ideal for active people in need of muscular tension relief and a soothing sensorial journey.

- 30 min - A Choice of Body Scrub or Aloe Vera Body Wrap
- 90 min - Thai Herbal Compress Massage

Wellness Benefits:

- Smoothens Skin
- Provides Intense Hydration
- Eases Muscular Tension





WELLNESS JOURNEYS

Please book all Wellness Journeys 24 hours in advance.

HARBOR RECOVERY FOR TWO*

120 MIN / THB 11,200++

A tranquil day for two to connect and recharge.

Ideal for people who have been active in the sun and are looking for skin hydration and rejuvenation, as well as muscle tension relief.

FOR CHILDREN:

- 30 min - Begin your journey together with a Massage Learning Course or Pranayama Yoga
- 30 min - Face Mask
- 60 min - Kids Massage

FOR ADULTS:

- 30 min - Begin your journey together with a Massage Learning Course or Pranayama Yoga
- 30 min - A Choice of Body Scrub or Aloe Vera Body Wrap
- 60 min - A Choice of Swedish Massage or Deep Tissue Massage

Wellness Benefits:

- Strengthens Connection & Harmony to Yourself and Loved Ones
- Improves Circulation & Relieves Muscle Tension
- Improves Posture & Flexibility
- Nourishes & Hydrates Face and Body





BODY MESSAGES

PAÑPURI SIGNATURE AROMATIC MASSAGE

A signature massage to relieve tension and rejuvenate.

90 MIN / THB 4,500++
120 MIN / THB 4,900++

Ideal for people seeking a calming, tension relieving massage. This soothing, rhythmical massage combines Swedish Massage techniques with Thai Aromatic Massage. By using soft to medium pressure and a blend of natural PAÑPURI essential oils, kneading hands glide over tense muscles to improve circulation and muscle tension relief while increasing energy and rejuvenation.

Wellness Benefits:

- Improves Circulation & Relieves Muscle Tension
- Increases Energy & Rejuvenation

DEEP SEA DREAMS

A traveler's dream come true for serene sleep.

60 MIN / THB 3,500++
90 MIN / THB 4,000++

Ideal for people who are feeling fatigued and seeking a more restful sleep. Surrender to the rhythmic movements of a full body massage, employing gentle pressure with Thai Aromatic Massage, Acupressure Therapy and Indian Head Massage techniques which helps reduce stress and promote deep relaxation.

Wellness Benefits:

- Increases Energy & Rejuvenation
- Reduces Stress & Balances the Body's Energy Flow
- Promotes Restful Sleep

SERENITY MESSAGE

For the weary adventurer to rest and recharge.

60 MIN / THB 3,500++
90 MIN / THB 4,000++

Ideal for active people in need of medium to strong, firmer massage pressure. Employing a combination of Swedish Massage and Deep Tissue Massage techniques focused on the shoulder and neck area, relief deep-seated muscle tension and fatigue while simultaneously improving circulation, posture and flexibility.

Wellness Benefits:

- Improves Circulation & Relieves Muscle Tension
- Improves Posture & Flexibility
- Releases Muscular Tightness on the Shoulder & Neck Area





BODY MESSAGES

SHORELINE HERBAL SALT COMPRESS MESSAGE

A deeply soothing herbal salt compress massage.

90 MIN / THB 4,200++

Ideal for active people seeking deep body relaxation and muscular tension relief. Open pathways and balance energy flow with a combination of Swedish & Balinese Massage techniques, invigorating the mind and body, while Abdominal Massage techniques improve digestion and increase your body awareness. The aromatherapeutic Thai Herbal Salt Compress, using local sea salt and Grand Crinum Lily leaves, further eases muscular tension while the aroma soothes your mind in serenity.

Wellness Benefits:

- Energizes, Invigorates & Balances Energy Flow
- Improves Digestion & Increases Body Awareness
- Eases Muscular Fatigue

INLET OF WELLNESS FOOT REFLEXOLOGY MESSAGE

Fatigued travelers rest your feet and find total body relief.

60 MIN / THB 2,800++

Ideal for people with stiff muscles or chronic pain in their feet and legs. Foot reflexology is based on the belief that the body contains constantly flowing energy which unites with reflex points in the feet. The combination of Foot Reflexology and Swedish Massage techniques with Thai Herbal Salt Compress Massage, which uses local sea salt and Grand Crinum Lily leaves, improves circulation while relieving muscular tension and fatigue for total body tranquility.

Wellness Benefits:

- Improves Energy Circulation
- Improves Circulation & Relieves Muscle Tension
- Eases Muscular Fatigue





FACIAL TREATMENTS

ARUNAYOUTH™ ABSOLUTE FIRM WITH EYE LIFT TREATMENT

Reverse the hands of time and feel rejuvenated.

90 MIN / THB 4,800++

Ideal for people looking for a youthful rejuvenation. This facial treatment employs the ArunaYouth™ Skincare Collection powered by the ArunaYouth™ Complex—a potent, natural and proprietary PAÑPURI antioxidant complex composed of 99.9% organic and natural origin ingredients—formulated to target the five signs of aging. Using a gentle combination of Facial Muscle Strengthening and Face & Eye Lifting and Smoothing techniques, this treatment firms and tightens facial muscles, while revitalizing and plumping the skin.

Wellness Benefits:

- Improves Firmness
- Revitalizes & Plumps the Skin

LOTUS DEFENSE™ READY FOR RADIANCE FACIAL

Revitalize for a radiant glow.

60 MIN / THB 4,000++

Ideal for people looking for a healthy radiance. A sensorial facial treatment that promises natural skin revitalization and instant results. Employing the PAÑPURI Lotus Defense™ Skincare Collection that marries aromatic clean beauty with clinically-proven results and efficacy, this gentle treatment uses both Lymphatic Drainage techniques and Shiatsu Points Therapy to improve skin texture and promote healthier radiance.

Wellness Benefits:

- Improves Skin Tone & Texture
- Promotes a Healthier Complexion & Radiant Glow





MINDFUL PRACTICES

Please book all Mindful Practices 24 hours in advance.

PRIVATE YOGA SESSION

60 MIN / THB 3,300++

Yoga exercises to enhance holistic serenity.

Experience our yoga programs, ranging from Pranayama, Hatha to Vinyasa, catered to each person's needs.

Pranayama is the practice of breath regulation. Ideal for people of all levels seeking to improve focus and reduce stress. It's a main component of yoga which cultivates mindfulness and lung capacity to connect your body and mind. It supplies the body with oxygen while removing toxins and providing healing physiological benefits.

Hatha is practiced at a slower pace with a focus on breath control, stretching, and static poses. Ideal for beginners and those seeking a gentle practice. It promotes balance, stress relief and relaxation.

Vinyasa is practiced at a faster pace and focuses on connecting the breath to your movements. Ideal for people seeking dynamic and challenging yoga sequences. It aims to build strength, flexibility, and endurance.





ENHANCERS

All Enhancer Treatments can be added onto PAÑPURI Wellness Journeys,
Body Massages & Facial Treatments or combined together for a total duration of 60 minutes or more.

MINI FACIAL TREATMENT

30 MIN / THB 2,600++

A quick facial treatment to illuminate from within.

Ideal for people seeking quick revitalization for radiant glow. A mini facial treatment that promises natural skin revitalization and instant results. This gentle treatment uses both Lymphatic Drainage techniques and Shiatsu Points Therapy to improve skin texture and promote healthier radiance.

Wellness Benefits:

- Improves Skin Tone & Texture
- Promotes a Healthier Complexion & Radiant Glow

THAI HERBAL SALT COMPRESS MASSAGE

30 MIN / THB 2,100++

A Thai wellness tradition to warm and relax the senses.

Ideal for active people seeking deep body relaxation and muscular tension relief. The Thai Herbal Salt Compress adds local sea salt and Grand Crinum Lily leaves in a warm clay pot alongside herbs and persimmon leaves to help stimulate the blood and lymphatic system. Combined with the PAÑPURI Signature Aromatic Massage, this treatment helps alleviate pain and fatigue, relaxing the body in warm tranquility.

Wellness Benefits:

- Eases Muscular Tension

BACK, NECK & SHOULDER MASSAGE

30 MIN / THB 2,100++

For the busy traveler to quickly awaken serenity.

Ideal for people feeling fatigue and tension in their back, neck and shoulders. The back, neck, and shoulders are home to important energy centers in the body that may be blocked by stress, causing tension and stiffness. This traditional form of Thai massage applies pressure point massage techniques to alleviate muscular tension and improve flexibility.

Wellness Benefits:

- Releases Muscular Tightness On Back, Neck And Shoulder Area





ENHANCERS

All Enhancer Treatments can be added onto PAÑPURI Wellness Journeys, Body Massages & Facial Treatments or combined together for a total duration of 60 minutes or more.

BODY SCRUB

30 MIN / THB 2,100++

A purification ritual for radiant illumination.

Ideal for people seeking skin rejuvenation and detoxification. An exotic PAÑPURI exfoliation ritual that purifies the body, this luxurious treatment treats the body to a gentle, natural scrub that will leave the skin feeling deeply cleansed, replenished and softened to perfection.

WELLNESS BENEFITS:

- Smoothens Skin

ALOE VERA BODY WRAP

30 MIN / THB 2,100++

A recovery wrap for intense hydration.

Ideal for the sunkissed traveler. Effleurage techniques are used to provide intense hydration before covering the skin with a plastic wrap for around 15-20 minutes. Afterwards, sink deeper into tranquility with an Indian Head Massage.

Wellness Benefits:

- Provides Intense Hydration
- Promotes Restful Sleep





ENHANCERS (FOR KIDS 9-12)

All Enhancer Treatments can be added onto PAÑPURI Wellness Journeys, Body Massages & Facial Treatments or combined together for a total duration of 60 minutes. Parents or guardians should be present in the massage room during the treatment.

NATURAL FACIAL MASK

30 MIN / THB 2,100++

A nourishing and delightful sensorial treat.

There are gentle face masks for their choosing:

- Avocado and Banana
- Honey, Yogurt and Cocoa Powder

WELLNESS BENEFITS:

- Nourishes & Hydrates Skin

KIDS ORGANIC OIL MASSAGE

30 MIN / THB 2,100++

A light and gentle massage to promote serenity.

This Kids Massage employs Swedish massage techniques to promote growth and development, while soothing and relaxing the mind. It also aids in enhancing sleep quality and strengthening the immune system, resulting in greater cognitive power. Our expert Wellness Therapists will curate the best massage for your child based on their individual needs.

Wellness Benefits:

- Enhance Mental Clarity & Improve Immune System
- Promotes Restful Sleep



PAÑPURI

WELLNESS

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PAÑPURI WELLNESS JOURNEYS*

• 150 min - Offshore Serenity	THB 7,500 ++
• 150 min - PAÑPURI Holistic Voyage	THB 6,900 ++
• 120 min - Sail to Solitude	THB 6,200 ++
• 120 min - Harbor Recovery for Two	THB 11,200 ++

BODY MASSAGES

• 90 / 120 min - PAÑPURI Signature Aromatic Massage	THB 4,500 ++ / 4,900 ++
• 60 / 90 min - Deep Sea Dreams	THB 3,500 ++ / 4,000 ++
• 60 / 90 min - Serenity Massage	THB 3,500 ++ / 4,000 ++
• 90 min - Shoreline Herbal Compress Massage	THB 4,200 ++
• 60 min - Inlet of Wellness Foot & Legs Massage	THB 2,800 ++

FACIAL TREATMENTS

• 90 min - ArunaYouth™ Absolute Firm with Eye Lift Treatment	THB 4,800 ++
• 60 min - Lotus Defense™ Ready for Radiance Facial	THB 4,000 ++

MINDFUL PRACTICES*

• 60 min - Private Yoga Session	THB 3,300 ++
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ENHANCERS**

• 30 min - Mini Facial Treatment	THB 2,600 ++
• 30 min - Hot Salt Compress Treatment	THB 2,100 ++
• 30 min - Back, Neck & Shoulder Massage	THB 2,100 ++
• 30 min - Body Scrub	THB 2,100 ++
• 30 min - Aloe Vera Body Wrap	THB 2,100 ++

ENHANCERS (FOR KIDS 9-12)**

• 30 min - Natural Facial Mask	THB 2,100 ++
• 30 min - Kids Organic Oil Massage	THB 2,100 ++

• All prices are in Thai Baht and are subject to 10% service charge and 7% government tax.

*Please book PAÑPURI Wellness Journeys 24 hours in advance.

**All Enhancer Treatments can be added onto PAÑPURI Wellness Journeys, Body Massages & Facial Treatments or combined together for a total duration of 60 minutes or more. For Enhancers For Kids, Parents or guardians should be present in the massage room during the treatment.



SPA ETIQUETTE

ARRIVAL

Please arrive 15 minutes prior to your treatment in order for your personalized consultation and to enjoy the serenity of our wellness sanctuary before embarking on the next step of your journey.

PAÑPURI AMENITIES

We provide full amenities for your holistic relaxation. Should you wish to purchase our products for your own self-care rituals at home, please visit our reception desk.

PRE-JOURNEY CONSULTATION

All guests will receive a personalized consultation in order for our therapists to best understand your needs and concerns, and ensure your wellness journey is tailored to you. During this consultation, please notify our therapists if you have high blood pressure, allergies, physical ailments or disabilities, or have recently undergone any kind of surgery or procedure, such as botox, fillers or a c-section.

SPA ATTIRE

Bathrobes and slippers will be provided in your private spa suite. Hygienic disposable undergarments are also available for your privacy. We recommend guests leave their personal belongings and valuables in their room. An in-room jewelry box is provided.

SPA ENVIRONMENT

Our spa aims to be a sanctuary of tranquility for all of our guests to discover their own unique wellness journeys. Please kindly refrain from smoking, using your mobile phones or conversing loudly with other guests within the spa vicinity to maintain the tranquility and harmony of our spa.

CHILDREN

Children between the ages of 13 to 18 are welcome to enjoy any of our spa treatments alone, provided they have a signature from a parent or guardian.

Our Enhancer Menu For Kids is also available for children between the ages of 9 to 12. Each treatment requires the presence of a parent or guardian for the duration of the treatment. Please ask our Spa Team for guidance on choosing the treatment that best suits your child's needs.

DURING YOUR JOURNEY

Please inform our therapists should you wish to adjust anything in your treatment room to suit your personal comfort levels. This is your time and you should enjoy the experience to the fullest so we are happy to modify the room temperature, massage pressure, or volume of the ambient music to suit your desires.

POST-JOURNEY CARE

Following your treatment, we invite you to enjoy our complimentary post-journey refreshments while grounding yourself in the tranquil ambience of our spa. Hydration is very important for maintaining harmony within the body. After oil massage treatments, we recommend allowing the oil to moisturize your skin for another few hours.

CANCELLATION

Should you need to cancel or reschedule your booking, please contact us 24 hours prior to your scheduled treatment time. Late arrivals will result in a shortened time in respect of the next guest's booking. There will also be a charge for rescheduling within less than 24 hours. However, late cancellations or no-shows will incur a full charge for the treatment.



FOR RESERVATIONS, PLEASE CONTACT:
PAÑPURI WELLNESS HARBOR at Andaz Pattaya Jomtien Beach
Tel: +66(0)38 114 391 Email: wellnessharbor@panpuri.com
Opening Hours: 10 a.m. – 10 p.m. (Daily)

